

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Women 100 Meter Dash

=====  
 State Meet: < 11.23 5/26/1984 Zelda Johnson, Mt. San Antonio Col  
 CSM Stad: < 11.30 2012 Aston Purvis, Laney  
 Name Year School Finals Wind  
 =====

## Finals

1	Yan-Jun (Sophie) Liao	FR San Mateo	11.65	1.2
2	Kierra King	SO Cerritos	11.91	1.2
3	Kenyla Miles	FR Cerritos	11.94	1.2
4	Mariah Allain	FR Riverside	12.03	1.2
5	Alana Wilson	FR Riverside	12.23	1.2
6	Mahlaya Salter	FR Cerritos	12.35	1.2
7	Aria Calhoun	FR West Los Angeles	12.40	1.2
8	Normie Thurman	FR San Joaquin Delta	12.52	1.2

## Women 200 Meter Dash

=====  
 State Meet: < 23.12 5/26/1984 Zelda Johnson, Mt. San Antonio Col  
 CSM Stad: < 23.53 2007 Charonda Williams, Laney  
 Name Year School Finals Wind  
 =====

1	Yan-Jun (Sophie) Liao	FR San Mateo	24.64	-1.5
2	Kierra King	SO Cerritos	25.10	-1.5
3	Mariah Allain	FR Riverside	25.15	-1.5
4	Daryia Greene	SO Sacramento	25.37	-1.5
5	Annayah Pelt	FR Riverside	25.42	-1.5
6	Alana Wilson	FR Riverside	25.49	-1.5
7	Ruby'Ann Gregory	FR American River	25.79	-1.5
8	Kenyla Miles	FR Cerritos	25.98	-1.5
9	Mahlaya Salter	FR Cerritos	26.04	-1.5

## Women 400 Meter Dash

=====  
 State Meet: < 52.69 5/30/1981 Gwen Gardner, West LA College  
 CSM Stad: < 53.88 2009 Champelle Brown, Deajah Steve  
 Name Year School Finals  
 =====

1	Daryia Greene	SO Sacramento	56.04
2	Annayah Pelt	FR Riverside	56.89
3	Ruby'Ann Gregory	FR American River	57.18
4	Assata Polk	FR Santa Rosa	57.77
5	Shoelle Bruhin	FR Santa Barbara	58.02
6	Rylee Kerr	FR Saddleback	58.09
7	Mahogany Harris	FR Sacramento	58.49
8	LaDaijah Wright	FR Riverside	58.62
9	Azalet Danage	FR Long Beach	59.31

## Women 800 Meter Run

=====  
 State Meet: < 2:06.30 5/21/1994 Dawn Williams, Riverside Co  
 CSM Stad: < 2:12.07 2015 Sarah Brandt, Butte  
 Name Year School Finals  
 =====

1	Brenda Rosales-Coria	SO West Los Angeles	2:11.74<
	1:04.335 (1:04.335)	2:11.734 (1:07.399)	

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Women 800 Meter Run

2 Dana McGrath	FR Saddleback	2:12.79
1:04.191 (1:04.191)	2:12.783 (1:08.592)	
3 Megan Good	SO Saddleback	2:13.96
1:04.172 (1:04.172)	2:13.953 (1:09.781)	
4 Andrea Gonzalez Macias	SO West Los Angeles	2:15.45
1:04.742 (1:04.742)	2:15.446 (1:10.705)	
5 Daniela Salazar-Salas	FR Hartnell	2:17.42
1:05.001 (1:05.001)	2:17.419 (1:12.418)	
6 Brianna Tafoya	FR Ventura	2:18.81
1:05.094 (1:05.094)	2:18.809 (1:13.716)	
7 Maiya Hutchinson	SO Merritt	2:24.41
1:06.644 (1:06.644)	2:24.403 (1:17.759)	
8 Cassandra Pielow	FR Riverside	2:25.48
1:07.101 (1:07.101)	2:25.475 (1:18.374)	
9 Daisy Romero	SO Glendale	2:25.78
1:08.502 (1:08.502)	2:25.774 (1:17.272)	

## Women 1500 Meter Run

=====			
State Meet: < 4:18.10	5/16/1986	Sylvia Mosqueda, East LA Co	
CSM Stad: < 4:33.09	2015	Aminat Olowara, Southwester	
Name	Year	School	Finals
=====			
1 Brenda Rosales-Coria	SO	West Los Angeles	4:48.49
2 Gabriella Lugo	SO	Bakersfield	4:51.84
3 Daisy Romero	SO	Glendale	4:54.34
4 Monica Ruelas	SO	Hartnell	4:54.93
5 Christy Chavira	SO	Santa Barbara	4:55.73
6 Isabelle Torres	FR	Hartnell	4:57.77
7 Savannah Sehenuk	SO	El Camino	5:04.53
8 Nerina Campos	FR	Hartnell	5:04.70
9 Megan Bartschat	FR	Marin	5:05.02
10 Carmen Hernandez	FR	El Camino	5:10.12
11 Leslee Patino	FR	De Anza	5:11.64
12 Celeste Gonzalez	SO	Canyons	5:17.69

## Women 5000 Meter Run

=====			
State Meet: < 15:52.50	5/16/1986	Sylvia Mosqueda, East LA C	
CSM Stad: < 17:13.87	2015	Aminat Olowara, Southweste	
Name	Year	School	Finals
=====			
1 Brenda Rosales-Coria	SO	West Los Angeles	17:33.53
2 Samantha Barajas	SO	Moorpark	17:50.24
3 Olivia Quezada	SO	West Los Angeles	18:05.56
4 Rebecca Ruiz	FR	Mt. Sac	18:09.61
5 Haven Lambrate	SO	American River	18:14.82
6 Cynthia Melendez	SO	West Los Angeles	18:15.93
7 Jennifer Perez-Cazarez	SO	Glendale	18:19.08
8 Julia Gonzalez	FR	Diablo Valley	18:36.46
9 Sujej Esteva	SO	Riverside	18:50.42
10 Olivia Burton	FR	Ventura	18:58.69
11 Monica Ruelas	SO	Hartnell	19:16.32
12 Lidia Briseno	SO	Sequoias	19:57.44

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Women 10000 Meter Run

=====  
 State Meet: < 35:49.24 5/16/2003 Michelle Icban, Orange Coa  
 CSM Stad: < 35:31.92 2015 Aminat Olowara, Southweste  
 Name Year School Finals  
 =====

1	Rebecca Ruiz	FR Mt. Sac	38:13.41
2	Olivia Quezada	SO West Los Angeles	38:31.54
3	Cynthia Melendez	SO West Los Angeles	38:34.46
4	Sophia Cortina	FR Moorpark	39:03.55
5	Monica Ruelas	SO Hartnell	39:07.82
6	Sujej Esteva	SO Riverside	39:14.23
7	Andrea Anaya	FR Orange Coast	39:16.84
8	Hannah Ryan	FR Ccsf	39:26.23
9	Sadie Encinas	FR Mt. Sac	40:16.87
10	Emiliana Merida Cano	FR Riverside	40:23.30
11	Montserrath Celis	FR Mt. Sac	41:33.26
12	Isabelle Torres	FR Hartnell	41:43.19

## Women 100 Meter Hurdles

=====  
 State Meet: < 13.62 5/18/2013 Erica Wilson, Laney  
 CSM Stad: < 13.62 2013 Erica Wilson, Laney  
 Name Year School Finals Wind  
 =====

1	Tajanique Bell	SO Southwestern	14.02	1.0
2	Terra Valadez	SO Mt. Sac	15.03	1.0
3	Alia Scott	FR Cerritos	15.08	1.0
4	Sha'quan Matthews	SO Riverside	15.30	1.0
5	Clarissa Menil	SO San Joaquin Delta	15.53	1.0
6	Hanah Smrt	SO Yuba	15.59	1.0
7	Selena Schillig	FR Butte	15.67	1.0
8	Daila Bell	FR Cerritos	16.61	1.0
9	Kayla Rodriguez	SO Mt. Sac	16.71	1.0

## Women 400 Meter Hurdles

=====  
 State Meet: < 58.88 5/20/1995 Celana Clarke, Riverside Coll  
 CSM Stad: < 60.69 2012 Alexandra Whitmore, Sacrament  
 Name Year School Finals  
 =====

1	Alia Scott	FR Cerritos	60.66<
2	Tajanique Bell	SO Southwestern	62.66
3	Madeline Corner	SO Riverside	63.45
4	Adee Newman	FR De Anza	65.17
5	Alicia Victoria	FR Fullerton	65.68
6	Kayla Rodriguez	SO Mt. Sac	66.00
7	Rebecca Collins	SO De Anza	67.66
8	Tria Ismay	FR Palomar	68.71
9	Brianna Bryant	SO Diablo Valley	69.03

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Women 3000 Meter Steeplechase

State Meet: < 10:44.46 5/18/2009 Cassie Mitchell, Orange Co  
 CSM Stad: < 10:44.46 2009 Cassie Mitchell, Orange Co

Name	Year	School	Finals
1 Haven Lambrite	SO	American River	11:22.09
2 Pheobe Forsyth	FR	Glendale	11:48.56
3 Genesis Siam-Alvarez	SO	Glendale	11:49.22
4 Yesenia Flores	FR	Mt. Sac	11:50.02
5 Annette Jimenez	SO	Cuyamaca	11:53.31
6 Maribel Madera	SO	Riverside	11:53.42
7 Avery Lambrite	FR	Sierra	11:54.53
8 Alyse Sibley	SO	Sierra	11:59.55
9 Estrella Montiel	SO	West Los Angeles	12:01.93
10 Maria Aceves	SO	Hartnell	12:17.45
11 Nina Arias	SO	Hartnell	12:23.22
12 Destiny Diaz	FR	Long Beach	12:38.71

## Women 4x100 Meter Relay

State Meet: < 45.02 5/17/2008 Laney College, Long Beach Cit  
 CSM Stad: < 45.14 2012 , Laney  
 School Finals

1 Cerritos	46.63
2 West Los Angeles	47.66
3 Long Beach	48.23
4 Sacramento	48.36
5 Diablo Valley	48.83
6 San Joaquin Delta	50.15
7 Sequoias	50.24
8 Monterey	50.54
-- SD Mesa	DNF

## Women 4x400 Meter Relay

State Meet: < 3:37.75 5/21/1984 El Camino College, El Camin  
 Saville, Hemmans, Mayberry, Cabell  
 CSM Stad: < 3:47.11 2013 , Laney  
 School Finals

1 Riverside	3:53.83
2 Sacramento	3:54.55
3 Cerritos	3:59.94
4 Saddleback	4:01.07
5 West Los Angeles	4:04.49
6 Mt. Sac	4:07.10
7 Diablo Valley	4:07.85
8 De Anza	4:08.14
9 San Mateo	4:11.84

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Women High Jump

State Meet: < 5-10.50		5/21/1988		Janine Bonin, Sac Joaquin Delta		
CSM Stad: < 5-08.75		2009		Susan Jackson, Sacramento City		
Name	Year	School	Finals			
1 Myrna Gillas	SO	Fullerton	1.70m	5-07.00		
	1.45	1.50	1.55	1.60	1.65	1.70 1.75
	P	O	O	O	O	O XXX
2 Alyssa Burke	FR	Shasta	1.65m	5-05.00		
	1.45	1.50	1.55	1.60	1.65	1.70 1.75
	P	O	O	O	O	XPP XX
3 Hanah Smrt	SO	Yuba	1.60m	5-03.00		
	1.45	1.50	1.55	1.60	1.65	
	P	O	O	O	XXX	
4 Jaziah Lawson	FR	San Jose	J1.60m	5-03.00		
	1.45	1.50	1.55	1.60	1.65	
	O	XO	O	XO	XXX	
5 Anyese Kirkland	FR	Santa Monica	1.55m	5-01.00		
	1.45	1.50	1.55	1.60		
	O	O	XXO	XXX		
6 Toriana Palacki	FR	SD Mesa	J1.55m	5-01.00		
	1.45	1.50	1.55	1.60		
	O	XXO	XXO	XXX		
7 Victoria Vally	FR	Moorpark	1.50m	4-11.00		
	1.45	1.50	1.55			
	O	O	XXX			
7 Danaya Murray	FR	San Joaquin Delta	1.50m	4-11.00		
	1.45	1.50	1.55			
	O	O	XXX			
9 Azia Brewster	FR	Modesto	J1.50m	4-11.00		
	1.45	1.50	1.55			
	O	XXO	XXX			
9 Nicole Zazkowski	FR	De Anza	J1.50m	4-11.00		
	1.45	1.50	1.55			
	O	XXO	XXX			
11 Julie Mariano	SO	Orange Coast	J1.50m	4-11.00		
	1.45	1.50	1.55			
	XO	XXO	XXX			
12 De'Chanelle Goynes	SO	West Los Angeles	1.45m	4-09.00		
	1.45	1.50				
	XO	XXX				

## Women Pole Vault

State Meet: < 12-05.50		5/21/2011		Jenna Yowell, American River College		
CSM Stad: < 12-10		2013		Dimara Plannell-Cruz, San Jose City		
Name	Year	School	Finals			
1 Darla Gonzalez	FR	Mt. Sac	3.75m	12-03.50		
	2.85	3.00	3.15	3.30	3.45	3.60 3.75 3.95
	P	P	P	P	O	O O XXX
2 Amy Campos	FR	Mt. Sac	3.45m	11-03.75		
	2.85	3.00	3.15	3.30	3.45	3.60
	P	P	O	O	O	XXX

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Women Pole Vault

2	Mayara De Souza	FR Mt. Sac	3.45m	11-03.75
	2.85 3.00 3.15 3.30 3.45 3.60			
	P O O O O XXX			
4	Alicia Woo	SO San Joaquin Delta	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	P P XO O XXX			
5	Alison Young	FR Orange Coast	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	P O XO XXX			
6	Amanda Amundson	SO Saddleback	J3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	XO O XO XXX			
7	Elle Souza	FR Modesto	J3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	P O XXO XXX			
8	Bailey Price	SO Cuesta	3.00m	9-10.00
	2.85 3.00 3.15			
	O O XXX			
8	Karen Orozco	SO Riverside	3.00m	9-10.00
	2.85 3.00 3.15			
	O O XXX			
10	Kiersten Wilbourn	SO Mt. Sac	2.85m	9-04.25
	2.85 3.00			
	O XXX			
11	Lyling Irwin	FR Long Beach	J2.85m	9-04.25
	2.85 3.00			
	XO XXX			
12	Alyssa Nunes	FR Modesto	J2.85m	9-04.25
	2.85 3.00			
	XXO XXX			

## Women Long Jump

=====						
State Meet:	< 21-03.50	1983	Shella Nicks/C. Opara, COS/Citrus			
CSM Stad:	< 19-10.75	2009	Lauryn Newsome, Laney			
Name	Year	School	Finals	Wind		
=====						
1	Imani Jones	SO Cerritos	5.86m	0.3	19-02.75	
	5.32m(-0.2)	5.71m(-1.4)	5.86m(0.3)	5.76m(0.6)	FOUL(2.3)	5.64m(1.8)
2	Daizhiana Ebert	FR Bakersfield	5.82m	-2.4	19-01.25	
	5.44m(-0.7)	5.35m(-0.7)	5.06m(0.4)	5.61m(-0.4)	5.33m(-2.3)	5.82m(-2.4)
3	Holly Stallman	SO SD Mesa	5.68m	0.1	18-07.75	
	FOUL	5.68m(0.1)	5.55m(0.5)	5.14m(-1.4)	5.43m(0.1)	FOUL(-0.3)
4	Hanah Smrt	SO Yuba	5.65m	0.3	18-06.50	
	5.65m(0.3)	PASS	5.22m(-2.7)	FOUL(2.2)	PASS	PASS
5	Kierra King	SO Cerritos	5.63m	-1.1	18-05.75	
	5.24m(+0.0)	5.33m(-2.2)	5.63m(-1.1)	5.46m(-1.0)	5.40m(1.4)	4.63m(-0.0)
6	Justice Smith	FR Cerritos	5.49m	-0.9	18-00.25	
	5.13m(-1.3)	5.49m(-0.9)	5.46m(-1.3)	FOUL(-0.1)	5.41m(-1.5)	5.37m(-0.5)
7	Myrna Gillas	SO Fullerton	5.44m	-0.8	17-10.25	
	5.35m(-0.2)	5.33m(-1.7)	5.26m(-0.5)	5.12m(-2.2)	5.35m(-1.3)	5.44m(-0.8)
8	Alyssa Stewart	SO Santa Rosa	5.38m	0.3	17-08.00	
	4.80m(-1.5)	5.38m(0.3)	4.99m(0.5)	4.92m(0.3)	5.04m(-2.5)	FOUL(2.2)
9	Taylor Nelson	FR Sequoias	5.36m	0.7	17-07.00	
	4.36m(-3.9)	5.36m(0.7)	5.29m(0.8)	4.79m(-0.7)	5.03m(0.3)	5.27m(0.7)

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Women Long Jump

10	Ashlie Curenton	SO West Los Angeles	5.28m	1.9	17-04.00
	FOUL(-1.8) 5.28m(1.9) FOUL(1.8)				
11	Samantha Ealy	FR El Camino	4.92m	-1.2	16-01.75
	4.92m(-1.2) 4.82m(-1.7) 4.70m(0.2)				
12	Alicia Zappia	FR Palomar	4.89m	-0.5	16-00.50
	4.50m(-3.8) 4.89m(-0.5) 4.57m(-2.4)				

## Women Triple Jump

State Meet: < 42-06.25 5/20/2017 Juanita Webster, Cerritos College

CSM Stad: < 41-01 2009 Jessica Barfield, Cerritos

Name	Year	School	Finals	Wind	
1 Justice Smith	FR	Cerritos	12.30m	NWI	40-04.25
	11.56m(0.9) 11.94m(1.1) 12.27m(0.9) 12.23m(1.0) 11.99m(0.5) 12.30m(-0.0)				
2 Imani Jones	SO	Cerritos	12.01m	0.2	39-05.00
	11.72m(1.6) 11.56m(1.1) 11.55m(0.5) 11.21m(0.8) 11.59m(0.9) 12.01m(0.2)				
3 Lachelle Autry	SO	Southwestern	11.69m	0.9	38-04.25
	11.49m(0.9) 11.69m(0.9) 11.18m(0.5) 11.48m(0.9) 11.10m(0.1) FOUL				
4 Alyssa Burke	FR	Shasta	11.46m	0.8	37-07.25
	11.22m(0.7) FOUL(0.4) 11.07m(1.4) 11.46m(0.8) 11.44m(0.9) 11.42m(0.4)				
5 Zaila Clark	FR	Bakersfield	11.21m	0.6	36-09.50
	10.49m(0.8) 10.98m(2.4) 10.96m(0.6) 10.94m(1.2) 11.01m(1.1) 11.21m(0.6)				
6 Ciera Menyweather	FR	Sacramento	11.04m	0.3	36-02.75
	9.82m(0.8) 10.62m(1.2) 10.80m(0.6) 11.00m(0.6) 11.04m(0.3) 10.77m(0.9)				
7 Samantha Ealy	FR	El Camino	10.86m	1.9	35-07.75
	10.51m(2.1) 10.58m(1.1) 10.86m(1.9) 10.66m(0.4) 10.27m(1.2) 10.19m(0.9)				
8 Aliyah Grissett	SO	El Camino	10.75m	0.5	35-03.25
	10.64m(1.2) 10.44m(1.4) 10.69m(0.1) 10.38m(0.8) 10.75m(0.5) 10.67m(-0.1)				
9 De'Chanelle Goynes	SO	West Los Angeles	10.68m	0.6	35-00.50
	10.01m(0.4) 10.52m(0.7) 10.34m(0.8) 10.68m(0.6) FOUL(1.8) 10.58m(0.6)				
10 Dezmine Washington	FR	Modesto	10.38m	0.5	34-00.75
	10.31m(0.3) 10.38m(0.5) 10.38m(0.9)				
11 Kierra King	SO	Cerritos	9.68m	0.9	31-09.25
	FOUL FOUL(0.9) 9.68m(0.9)				
-- Tyshaliq McTavish	SO	Monterey	FOUL		
	FOUL FOUL FOUL				

## Women Shot Put

State Meet: < 55-03.75 5/19/1990 Grace Apiafi, Mt. San Antonio Colleg

CSM Stad: < 50-07.25 2009 Na'l Leni, El Camino

Name	Year	School	Finals	
1 Angelique Hudson	SO	Riverside	13.96m	45-09.75
	12.90m 12.94m 13.96m FOUL 12.46m 13.24m			
2 Riley Cannon	SO	Sacramento	12.77m	41-10.75
	12.58m 12.77m 12.58m 12.04m 12.00m FOUL			
3 Nanati Alailefaleula	SO	Cerritos	11.99m	39-04.00
	11.88m 11.99m 11.86m 10.25m FOUL 10.61m			
4 Demisha Price	FR	Diablo Valley	11.97m	39-03.25
	11.49m 11.38m 11.97m 11.65m 11.23m 11.75m			
5 Teme Fanguna	FR	San Mateo	11.70m	38-04.75
	11.70m 10.67m FOUL 11.31m 11.11m 11.63m			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Women Shot Put

6	Zakayya Nichols		FR	Diablo Valley	J11.70m	38-04.75
	11.40m	11.70m	FOUL	11.06m	FOUL	FOUL
7	Bianca Encio		FR	SD Mesa	11.60m	38-00.75
	11.54m	10.51m	11.42m	10.52m	11.60m	11.07m
8	Sarah Hernandez		FR	Cerritos	11.38m	37-04.00
	10.41m	11.38m	9.99m	10.24m	10.62m	10.71m
9	Kimora Pooler		FR	Ventura	11.17m	36-07.75
	11.15m	10.68m	11.17m	10.62m	FOUL	10.36m
10	Chloe Wood		SO	Cuesta	10.85m	35-07.25
	10.73m	10.82m	10.85m			
11	Keiana Turner		FR	Riverside	J10.85m	35-07.25
	10.85m	10.28m	10.43m			
12	Taina Livai		SO	San Mateo	10.62m	34-10.25
	8.61m	10.62m	10.25m			

## Women Discus Throw

State Meet: < 168-03 5/21/2010 Samantha Gutierrez, Riverside

CSM Stad: < 160-00 2009 Jasmine Steward, Fresno City

Name Year School Finals

1	Emily March		FR	Diablo Valley	45.13m	148-01
	45.13m	FOUL	FOUL	FOUL	45.13m	
2	Melissa Favorite		SO	De Anza	40.34m	132-04
	FOUL	39.96m	38.53m	40.34m	39.41m	FOUL
3	Riley Cannon		SO	Sacramento	38.38m	125-11
	26.92m	34.18m	35.05m	FOUL	FOUL	38.38m
4	Cynthia Tuzak		FR	Ventura	36.70m	120-05
	FOUL	35.09m	36.70m	32.49m	35.53m	35.66m
5	Erika Nordman		SO	American River	34.19m	112-02
	30.18m	34.19m	FOUL	32.77m	FOUL	31.59m
6	Keiana Turner		FR	Riverside	34.04m	111-08
	FOUL	34.04m	28.95m	FOUL	33.15m	FOUL
7	Autumn Mallette		SO	San Joaquin Delta	33.91m	111-03
	26.97m	29.54m	33.91m	33.77m	FOUL	33.85m
8	Kyja Free		SO	El Camino	33.76m	110-09
	FOUL	FOUL	33.76m	32.64m	31.36m	FOUL
9	Necole Ellis		FR	El Camino	33.34m	109-04
	27.11m	33.34m	FOUL	32.86m	33.20m	FOUL
10	Tayler Salley		FR	Riverside	31.69m	104-00
	FOUL	FOUL	31.69m			
11	Nanati Alailefaleula		SO	Cerritos	30.45m	99-11
	25.73m	30.45m	FOUL			
12	Teme Fanguna		FR	San Mateo	25.59m	83-11
	FOUL	21.11m	25.59m			

## Women Hammer Throw

State Meet: < 186-10 5/22/2007 Morgan Bogard, Moorpark College

CSM Stad: < 186-10 2007 Morgan Bogard, San Diego Mesa

Name Year School Finals

1	Caitlin McClain		SO	San Joaquin Delta	50.35m	165-02
	45.50m	44.06m	47.43m	50.35m	49.11m	49.04m



## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Women Hammer Throw

2	Melissa Favorite	SO De Anza	48.24m	158-03
	FOUL 48.24m FOUL FOUL FOUL FOUL			
3	Taylor Salley	FR Riverside	47.77m	156-09
	FOUL FOUL 45.17m 47.77m FOUL FOUL			
4	Erika Nordman	SO American River	46.61m	152-11
	45.08m 45.61m 44.32m 43.53m 40.46m 46.61m			
5	Brena Videll	SO Yuba	46.08m	151-02
	41.07m 44.87m 45.06m 46.08m FOUL 45.39m			
6	Jay Rhambo	SO El Camino	43.58m	143-00
	43.15m 38.83m 43.58m FOUL 43.19m 42.81m			
7	Jordyn Alexander	SO De Anza	41.38m	135-09
	34.76m 40.31m 41.38m 37.16m 41.16m 37.70m			
8	Nanati Alailefaleula	SO Cerritos	39.26m	128-10
	39.26m FOUL 39.26m 39.25m FOUL 39.05m			
9	Patricia Valle	SO Moorpark	38.70m	127-00
	38.37m FOUL 35.49m 34.98m 38.70m FOUL			
10	Cyan Gutierrez	FR Antelope Valley	37.49m	123-00
	37.49m FOUL FOUL			
--	Angela Ruiz	FR San Jose	FOUL	
	FOUL FOUL FOUL			
--	Keiana Turner	FR Riverside	FOUL	
	FOUL FOUL FOUL			

## Women Javelin Throw

State Meet: < 184-09 5/20/2000 Amy Thiel, Moorpark College

CSM Stad: < 158-09 2007 Michelle Thompson, Cuyamaca

Name Year School Finals

1	Taina Livai	SO San Mateo	40.90m	134-02
	40.81m 34.74m 40.90m 36.26m 39.29m 36.97m			
2	Hannah Katches	SO Cuesta	39.02m	128-00
	33.36m 36.36m 39.02m 33.33m 32.39m FOUL			
3	Chloe Wood	SO Cuesta	37.57m	123-03
	33.30m 37.57m 33.92m 32.72m 33.35m 35.77m			
4	Callissa Candalot	FR Long Beach	37.52m	123-01
	32.53m 37.52m 30.21m 30.70m 34.25m FOUL			
5	Gabriela Sanabria	SO Riverside	36.97m	121-03
	35.13m 35.56m 35.07m 35.44m 36.97m 34.15m			
6	Emily King	FR Siskiyou	35.64m	116-11
	35.64m 32.57m 29.17m 28.78m 31.89m FOUL			
7	Bailey Learned	FR American River	34.42m	112-11
	30.08m 31.98m 34.42m FOUL 30.99m 32.49m			
8	Azia Brewster	FR Modesto	34.24m	112-04
	34.24m 32.10m 30.43m FOUL 33.48m 29.45m			
9	Anyese Kirkland	FR Santa Monica	33.92m	111-03
	31.96m 33.92m 25.68m FOUL FOUL FOUL			
10	Senna Forkner	FR Mt. Sac	32.27m	105-10
	31.88m 32.20m 32.27m			
11	Alyssa Stewart	SO Santa Rosa	28.77m	94-05
	28.77m 27.26m 26.30m			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Daila Bell	FR Cerritos	26.37	0.7	2	765
2 Hanah Smrt	SO Yuba	26.43	1.8	1	760
3 Jennifer Pedroza	FR Palomar	26.61	0.7	2	745
4 Keanna Daramola	FR Cerritos	27.07	0.7	2	706
5 Elizabeth Chidester	FR Mt. Sac	27.24	1.8	1	692
6 Charlotte Kraushaar	FR Orange Coast	27.25	0.7	2	691
7 Annie Doherty	FR Moorpark	27.26	1.8	1	690
8 Clarissa Menil	SO San Joaquin Delta	27.42	1.8	1	677
9 Jessikka Gonzales	FR Modesto	27.77	0.7	2	649
10 Alaira Smith	FR Yuba	28.45	0.7	2	596
11 Abby Richey	FR Cuesta	28.49	1.8	1	593
12 Darlena Robinson	SO Cerritos	28.62	1.8	1	583

## Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Elizabeth Chidester	FR Mt. Sac	2:35.10	630
1:14.253 (1:14.253)	2:35.093 (1:20.840)		
2 Jennifer Pedroza	FR Palomar	2:36.18	617
1:16.178 (1:16.178)	2:36.172 (1:19.995)		
3 Charlotte Kraushaar	FR Orange Coast	2:36.83	610
1:12.942 (1:12.942)	2:36.824 (1:23.883)		
4 Alaira Smith	FR Yuba	2:40.94	562
1:15.656 (1:15.656)	2:40.939 (1:25.283)		
5 Clarissa Menil	SO San Joaquin Delta	2:43.77	530
1:12.961 (1:12.961)	2:43.761 (1:30.800)		
6 Hanah Smrt	SO Yuba	2:44.47	523
1:18.233 (1:18.233)	2:44.462 (1:26.229)		
7 Annie Doherty	FR Moorpark	2:45.78	508
1:16.601 (1:16.601)	2:45.779 (1:29.178)		
8 Darlena Robinson	SO Cerritos	2:48.16	483
1:18.460 (1:18.460)	2:48.153 (1:29.693)		
9 Abby Richey	FR Cuesta	2:48.95	475
1:18.894 (1:18.894)	2:48.947 (1:30.054)		
10 Jessikka Gonzales	FR Modesto	2:51.51	448
1:17.879 (1:17.879)	2:51.503 (1:33.624)		
11 Daila Bell	FR Cerritos	2:51.90	444
1:18.088 (1:18.088)	2:51.897 (1:33.809)		
12 Keanna Daramola	FR Cerritos	3:37.16	98
1:16.606 (1:16.606)	3:37.160 (2:20.554)		

## Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Hanah Smrt	SO Yuba	15.07	-0.7	1	832
2 Clarissa Menil	SO San Joaquin Delta	15.18	-0.7	1	818
3 Daila Bell	FR Cerritos	15.83	-0.7	1	735
4 Darlena Robinson	SO Cerritos	16.01	-0.2	3	713
5 Charlotte Kraushaar	FR Orange Coast	16.25	-0.2	3	684
6 Jennifer Pedroza	FR Palomar	17.10	0.5	2	585
7 Elizabeth Chidester	FR Mt. Sac	17.26	0.5	2	567

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

8	Annie Doherty	FR Moorpark	17.28	-0.2	3	565
9	Abby Richey	FR Cuesta	17.30	0.5	2	563
10	Alaira Smith	FR Yuba	17.34	0.5	2	559
11	Jessikka Gonzales	FR Modesto	19.06	-0.2	3	385
--	Keanna Daramola	FR Cerritos	DNF	-0.7	1	

## Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Hanah Smrt	SO Yuba	1.66m 5-05.25	806
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69			
P P P P P P P P P P O O O O O O			XXO XXX
2 Alaira Smith	FR Yuba	1.51m 4-11.50	632
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
P P P P O O O XO XO XO XXX			
3 Charlotte Kraushaar	FR Orange Coast	1.48m 4-10.25	599
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51			
P P P P O O O XO O XXX			
4 Annie Doherty	FR Moorpark	1.45m 4-09.00	566
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48			
P O O O XO XO XO O XXX			
4 Keanna Daramola	FR Cerritos	1.45m 4-09.00	566
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45			
P P O P P P P O			
4 Elizabeth Chidester	FR Mt. Sac	1.45m 4-09.00	566
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48			
P P P O O XXO XXO XO XXX			
4 Jessikka Gonzales	FR Modesto	1.45m 4-09.00	566
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48			
P P P P P P P O XXX			
8 Darlena Robinson	SO Cerritos	1.42m 4-07.75	534
1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45			
P P P O XO XO XO XXX			
9 Daila Bell	FR Cerritos	1.36m 4-05.50	470
1.24 1.27 1.30 1.33 1.36 1.39			
P P O O XO XXX			
9 Clarissa Menil	SO San Joaquin Delta	1.36m 4-05.50	470
1.24 1.27 1.30 1.33 1.36 1.39 1.42			
P P P O O P XXX			
11 Abby Richey	FR Cuesta	1.33m 4-04.25	439
1.24 1.27 1.30 1.33 1.36			
P O O XO XXX			
12 Jennifer Pedroza	FR Palomar	1.24m 4-00.75	350
1.24 1.27			
O XXX			

## Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points
1 Hanah Smrt	SO Yuba	5.68m 1.9	18-07.75	753
5.45m(1.8) 5.51m(2.0) 5.68m(1.9)				
2 Daila Bell	FR Cerritos	5.16m 1.8	16-11.25	603
5.16m(1.8) 4.99m(2.3) 4.91m(2.5)				

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Heptathlon: #5 Women Long Jump Heptathlon

3	Charlotte Kraushaar	FR Orange Coast	5.04m	2.3	16-06.50	570
	4.73m(1.1)	4.89m(4.0)	5.04m(2.3)			
4	Jessikka Gonzales	FR Modesto	4.84m	0.7	15-10.50	516
	4.65m(2.2)	4.67m(1.5)	4.84m(0.7)			
5	Clarissa Menil	SO San Joaquin Delta	4.73m	1.3	15-06.25	487
	4.73m(1.3)	4.72m(1.4)	4.51m(1.3)			
6	Alaira Smith	FR Yuba	4.62m	4.2	15-02.00	459
	4.37m(2.0)	4.15m(0.9)	4.62m(4.2)			
7	Darlana Robinson	SO Cerritos	4.60m	1.9	15-01.25	454
	4.60m(1.9)	4.55m(1.7)	4.44m(0.7)			
8	Abby Richey	FR Cuesta	4.57m	3.8	15-00.00	446
	4.42m(2.6)	FOUL(3.3)	4.57m(3.8)			
8	Annie Doherty	FR Moorpark	4.57m	2.0	15-00.00	446
	4.55m(2.5)	4.42m(0.9)	4.57m(2.0)			
10	Jennifer Pedroza	FR Palomar	4.54m	2.8	14-10.75	438
	FOUL(1.4)	4.54m(2.8)	4.30m(1.2)			
10	Keanna Daramola	FR Cerritos	4.54m	0.6	14-10.75	438
	4.54m(0.6)	PASS	PASS			
--	Elizabeth Chidester	FR Mt. Sac	FOUL			
	FOUL	FOUL	FOUL			

## Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points		
1 Elizabeth Chidester	FR Mt. Sac	10.25m	33-07.50	546	
		10.25m	9.28m	10.03m	
2 Annie Doherty	FR Moorpark	9.12m	29-11.25	472	
		9.12m	8.39m	8.31m	
2 Daila Bell	FR Cerritos	9.12m	29-11.25	472	
		7.43m	7.84m	9.12m	
4 Darlana Robinson	SO Cerritos	8.76m	28-09.00	449	
		8.19m	8.70m	8.76m	
5 Jessikka Gonzales	FR Modesto	8.49m	27-10.25	431	
		7.56m	7.46m	8.49m	
6 Alaira Smith	FR Yuba	8.25m	27-01.00	416	
		FOUL	8.25m	FOUL	
7 Clarissa Menil	SO San Joaquin Delta	8.22m	26-11.75	414	
		8.22m	7.92m	8.04m	
8 Hanah Smrt	SO Yuba	8.10m	26-07.00	406	
		7.96m	7.99m	8.10m	
9 Abby Richey	FR Cuesta	8.05m	26-05.00	403	
		7.69m	8.05m	7.73m	
10 Charlotte Kraushaar	FR Orange Coast	7.16m	23-06.00	345	
		7.16m	7.15m	7.09m	
11 Keanna Daramola	FR Cerritos	7.10m	23-03.50	341	
		6.85m	7.10m	6.71m	
12 Jennifer Pedroza	FR Palomar	6.92m	22-08.50	330	
		FOUL	6.92m	FOUL	

## Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
------	-------------	--------	--------

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Heptathlon: #6 Women Javelin Throw Heptathlon

1	Alaira Smith	FR Yuba	31.04m	101-10	496
	26.01m 31.04m FOUL				
2	Darlena Robinson	SO Cerritos	29.96m	98-03	476
	27.23m 27.26m 29.96m				
3	Keanna Daramola	FR Cerritos	28.44m	93-04	447
	22.96m 28.44m 23.27m				
4	Charlotte Kraushaar	FR Orange Coast	27.82m	91-03	435
	27.32m 27.82m 26.63m				
5	Elizabeth Chidester	FR Mt. Sac	27.50m	90-03	429
	23.67m 27.50m 26.21m				
6	Jessikka Gonzales	FR Modesto	26.99m	88-06	420
	24.56m 23.57m 26.99m				
7	Daila Bell	FR Cerritos	26.69m	87-07	414
	26.69m 22.49m 23.73m				
8	Hanah Smrt	SO Yuba	25.78m	84-07	397
	25.78m 24.35m 24.93m				
9	Clarissa Menil	SO San Joaquin Delta	24.36m	79-11	370
	24.36m 23.78m 22.67m				
10	Annie Doherty	FR Moorpark	21.64m	71-00	319
	19.46m 20.88m 21.64m				
11	Jennifer Pedroza	FR Palomar	21.13m	69-04	310
	21.13m 19.34m 19.14m				
12	Abby Richey	FR Cuesta	20.44m	67-01	297
	20.44m FOUL FOUL				

## Women Heptathlon

=====  
 State Meet: < 5352 5/17/1991 Melanie Clark, LA Valley College  
 CSM Stad: < 5129 2013 Alexis Dalton, Cerritos  
 Name Year School Finals H#

1	Hanah Smrt	SO Yuba	4477	
2	Charlotte Kraushaar	FR Orange Coast	3934	
3	Daila Bell	FR Cerritos	3903	
4	Clarissa Menil	SO San Joaquin Delta	3766	
5	Alaira Smith	FR Yuba	3720	
6	Darlena Robinson	SO Cerritos	3692	
7	Annie Doherty	FR Moorpark	3566	
8	Elizabeth Chidester	FR Mt. Sac	3430	
9	Jessikka Gonzales	FR Modesto	3415	
10	Jennifer Pedroza	FR Palomar	3375	
11	Abby Richey	FR Cuesta	3216	
12	Keanna Daramola	FR Cerritos	2596	

## Men 100 Meter Dash

=====  
 State Meet: < 10.17 5/19/2001 Josh Norman, Fresno City College  
 CSM Stad: < 10.31 2009 Curtis Mitchell, Southwestern  
 Name Year School Finals Wind

1	Antonio Mitchell	SO Riverside	10.21	2.1
2	Kendall Turner	FR Cerritos	10.50	2.1
3	Roman Johnson	SO Chabot	10.52	2.1
4	Steve Taylor	FR San Joaquin Delta	10.57	2.1
5	Braffer Morris	FR Merritt	10.60	2.1
6	Trevor Reid	SO Cerritos	10.80	2.1

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men 100 Meter Dash

7	Jabriel Smith	FR Riverside	10.81	2.1
8	Dion Collier	SO San Joaquin Delta	10.84	2.1
9	Jamal Palmer	SO Riverside	10.85	2.1

## Men 200 Meter Dash

=====  
 State Meet: < 20.30 5/3/1997 Tyree Washington, San Bernardino V  
 CSM Stad: < 20.58 2009 Curtis Mitchell, Southwestern  
 Name Year School Finals Wind  
 =====

1	Antonio Mitchell	SO Riverside	21.16	1.6
2	Daniel Stokes	SO Cerritos	21.39	1.6
3	Myles Ellis	SO American River	21.72	1.6
4	Keylan Dennis	SO Riverside	21.76	1.6
5	Kendall Turner	FR Cerritos	21.78	1.6
6	Ramir Smith	FR Chabot	21.93	1.6
7	Nathan Friginette	SO Sequoias	22.32	1.6
8	Keith Moody	FR Modesto	22.36	1.6
9	Trevor Reid	SO Cerritos	22.68	1.6

## Men 400 Meter Dash

=====  
 State Meet: < 44.91 5/17/1997 Tyree Washington, San Bernard  
 CSM Stad: < 45.77 2007 Edino Steele, Pasadena City  
 Name Year School Finals  
 =====

1	Daniel Stokes	SO Cerritos	46.60
2	Myles Ellis	SO American River	46.82
3	Keylan Dennis	SO Riverside	47.36
4	Corey Lyons	SO American River	47.63
5	Daniel Bessolo	SO Merritt	47.98
6	Nathan Friginette	SO Sequoias	48.22
7	Christian Shakir-Ricks	FR Cerritos	48.77
8	Torrey White	SO Sacramento	48.81
9	Christopher Pitts	FR El Camino	48.95

## Men 800 Meter Run

=====  
 State Meet: < 1:46.97 5/17/1986 Lorenzo Brown, Mira Costa C  
 CSM Stad: < 1:50.64 2013 Alex Amankwah, West LA  
 Name Year School Finals  
 =====

1	Reece Proctor	FR Chabot	1:50.64<
	54.597 (54.597)	1:50.640 (56.043)	
2	Mohamed Mohammed	FR Riverside	1:53.78
	54.639 (54.639)	1:53.773 (59.134)	
3	Miles Duncan	FR Diablo Valley	1:54.04
	54.494 (54.494)	1:54.039 (59.546)	
4	Xavier Weaver	FR American River	1:54.51
	54.782 (54.782)	1:54.509 (59.727)	
5	Julian Robles	SO Riverside	1:56.46
	55.937 (55.937)	1:56.458 (1:00.522)	
6	Adan Castellanos	FR Mt. Sac	1:57.07
	56.138 (56.138)	1:57.064 (1:00.926)	

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men 800 Meter Run

7 Justin Frando	FR Bakersfield	1:57.25
55.165 (55.165)	1:57.247 (1:02.082)	
8 Iman Bayat	SO De Anza	1:57.31
56.053 (56.053)	1:57.303 (1:01.251)	
9 Enrique Villa	SO Riverside	1:57.51
56.505 (56.505)	1:57.501 (1:00.996)	

## Men 1500 Meter Run

State Meet: < 3:41.76 5/18/1989 Nourredine Morceli, Riversi  
 CSM Stad: < 3:49.06 2012 Matt Airola, American River

Name	Year School	Finals
1 Chris Weiland	SO Mt. Sac	3:56.07
2 Carson Bix	SO El Camino	3:58.29
3 Enrique Villa	SO Riverside	3:59.72
4 Joshua Velasco	SO West Los Angeles	4:01.83
5 Isaiah Wilson	FR Mt. Sac	4:02.21
6 Iman Bayat	SO De Anza	4:03.33
7 Sebastian Leon	SO American River	4:04.41
8 Carlos Rivera	SO Glendale	4:05.12
9 Ismael Ramirez	FR Sequoias	4:06.20
10 Alberto Serrano	FR Cerritos	4:07.70
11 Jesus Gutierrez	SO Glendale	4:08.67
12 Nick Merillana	SO Hartnell	4:31.21

## Men 5000 Meter Run

State Meet: < 14:10.40 5/31/1976 Victor Simonian, LA City C  
 CSM Stad: < 14:35.40 1978 Paul Mello, CSM

Name	Year School	Finals
1 Stefen Rasmuson	FR SD Mesa	15:08.73
2 Salvador Capetillo	SO Mt. Sac	15:13.72
3 Chris Weiland	SO Mt. Sac	15:18.49
4 Jacob Skarr	FR West Los Angeles	15:21.67
5 Isaiah Labra	FR SD Mesa	15:25.78
6 Matt Arruda	SO El Camino	15:30.72
7 Ariel Conde	SO West Los Angeles	15:35.25
8 Austin Dai	SO Riverside	15:38.44
9 Jose Melchor	SO Mt. Sac	15:39.27
10 Joshua Velasco	SO West Los Angeles	15:51.13
11 Akito Fujisawa	SO De Anza	15:56.59
12 Cameron Reyes	FR Diablo Valley	15:56.81

## Men 10000 Meter Run

State Meet: < 29:39.31 5/21/1999 Wilhelm Gidasuday, Riversi  
 CSM Stad: < 30:15.90 1978 Paul Mello, CSM

Name	Year School	Finals
1 Salvador Capetillo	SO Mt. Sac	31:30.15
2 Kibrom Elias	SO Cuyamaca	31:33.27
3 Adan Cruz	FR Ventura	31:43.50
4 Jesus Avalos	FR Hartnell	31:52.72

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men 10000 Meter Run

5	Matt Arruda	SO El Camino	31:53.66
6	Oscar Perez	FR Sequoias	32:03.72
7	Austin Dai	SO Riverside	32:19.22
8	Baltazar Bucup	SO West Los Angeles	32:28.98
9	Jose Melchor	SO Mt. Sac	32:43.10
10	Michael Ramirez	SO San Bernardino	32:52.16
11	Sebastian Andersson	SO Chabot	33:07.95
12	Luis Huerta	SO Mt. Sac	33:15.09

## Men 110 Meter Hurdles

State Meet: < 13.64 5/16/1992 Larry Harrington, Poterville Colle  
CSM Stad: < 13.83 2009 Ray Stewart, Merritt

Name	Year	School	Finals	Wind
1	Jamal Britt	SO Sequoias	14.08	0.7
2	Maclean Conner	FR American River	14.52	0.7
3	Patrick Washington	SO El Camino	14.54	0.7
4	Dajone Averett	SO Santa Monica	14.65	0.7
5	Leroy Williams IV	SO Mt. Sac	14.85	0.7
6	Gared Featherston	SO San Joaquin Delta	14.89	0.7
7	Timothy Mates	SO El Camino	15.14	0.7
8	Dillon Lay	SO Riverside	15.28	0.7
--	Victor Williams	SO Cerritos	DQ	0.7 Pushed hurdle

## Men 400 Meter Hurdles

State Meet: < 50.07 5/22/1982 Greg Johnson, Mt. San Antonio  
CSM Stad: < 51.27 2009 Marcus Pope, Mt. San Antonio

Name	Year	School	Finals
1	Jamal Britt	SO Sequoias	52.13
2	Qwintin Workman	SO El Camino	52.90
3	Pierre Scott	FR Sacramento	54.17
4	Timothy Mates	SO El Camino	54.83
5	Andres Echeandia	FR Merritt	54.85
6	Octavio Moreno	SO Santa Ana	54.87
7	Cecil Ebiwok	SO American River	55.37
8	Dillon Lay	SO Riverside	55.77
9	Collin Hurd	FR Saddleback	56.53

## Men 3000 Meter Steeplechase

State Meet: < 8:53.20 5/28/1977 Shannon Laird, Palomar Coll  
CSM Stad: < 9:05.91 2007 Oscar Ogwargo, East LA

Name	Year	School	Finals
1	Ariel Conde	SO West Los Angeles	9:22.16
2	Colby Penn	SO Mt. Sac	9:29.21
3	Peter Normann	SO Chabot	9:30.96
4	Bobby Brana	FR SD Mesa	9:31.80
5	Sal Salinas	SO Cuyamaca	9:32.73
6	Spencer Geck	FR Glendale	9:35.50
7	Caleb Ko	SO El Camino	9:38.08
8	Ethan Comeaux	FR El Camino	9:39.85



## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men 3000 Meter Steeplechase

9	Josh Kling	FR American River	9:47.10
10	Phillip Rocha	FR Mt. Sac	9:51.40
11	Ben Blankenburg	FR American River	9:54.18
12	Joseluis Pluma	FR Mt. Sac	10:17.57

## Men 4x100 Meter Relay

=====  
 State Meet: < 39.01 5/21/1988 Taft College, Taft College  
 CSM Stad: < 40.00 2015 , Mt SAC  
 School Finals  
 =====

1	Riverside	40.71
2	Cerritos	40.84
3	Hartnell	41.30
4	San Joaquin Delta	41.80
5	American River	41.95
6	Sacramento	42.26
7	Moorpark	43.02
--	Sequoias	FS
--	El Camino	DQ Zone 3

## Men 4x400 Meter Relay

=====  
 State Meet: < 3:06.03 5/21/1994 Sacramento City College, Sa  
 CSM Stad: < 3:09.24 2009 , American River  
 School Finals  
 =====

1	American River	3:14.03
2	Riverside	3:15.25
3	El Camino	3:16.69
4	Sacramento	3:16.80
5	Sequoias	3:17.85
6	Santa Monica	3:21.92
7	Hartnell	3:22.21
8	Mt. Sac	3:23.04

## Men High Jump

=====  
 State Meet: < 7-05.25 5/30/1981 Milton Goode, Alameda College  
 CSM Stad: < 7-01.50 1978 Bob Peterson, Chabot  
 Name Year School Finals  
 =====

1	Waisea Jikoiono	FR Santa Rosa	2.00m	6-06.75
	1.80 1.85 1.90 1.95 2.00 2.05			
	P O O XO XO			XXX
2	Trey Pierce	FR Diablo Valley	1.95m	6-04.75
	1.80 1.85 1.90 1.95 2.00			
	P O O O XXX			
2	Shallamar Poole	FR Mt. Sac	1.95m	6-04.75
	1.80 1.85 1.90 1.95 2.00			
	P O O O XXX			
4	Parker Lapsley	SO Siskiyou	J1.95m	6-04.75
	1.80 1.85 1.90 1.95 2.00			
	P XO O O XXX			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Men High Jump

5	Robert Clayton	SO Moorpark	J1.95m	6-04.75
	1.80 1.85 1.90 1.95 2.00			
	P XO XO XO XXX			
6	Aeneas Green	FR Butte	J1.95m	6-04.75
	1.80 1.85 1.90 1.95 2.00			
	O O XO XXO XXX			
7	Nic McKelvy	FR Diablo Valley	1.90m	6-02.75
	1.80 1.85 1.90 1.95			
	P O XO XXX			
8	Timothy Sloan Jr	SO Cerritos	J1.90m	6-02.75
	1.80 1.85 1.90 1.95			
	P XO XO XXX			
9	Vincent Ketelaar	FR Cuesta	J1.90m	6-02.75
	1.80 1.85 1.90 1.95			
	O O XXO XXX			
10	Destin Flucas	FR Cerritos	1.85m	6-00.75
	1.80 1.85 1.90			
	P O XXX			
11	Travion Phillips	FR Mt. Sac	J1.85m	6-00.75
	1.80 1.85 1.90			
	P XO XXX			
--	Jaycion Vasquez	FR Antelope Valley	NH	
	1.80			
	XXX			

## Men Pole Vault

=====  
 State Meet: < 17-06 1982 Ralph Preiman/Wicks, Foothill/Bakers  
 CSM Stad: < 17-02.25 1978 Jerry Mulligan, West Valley  
 Name Year School Finals  
 =====

1	Shane Peterson	FR West Los Angeles	4.75m	15-07.00
	4.15 4.30 4.45 4.60 4.75 4.90			
	P XO O O O XXX			
2	Victor Zuniga	SO Moorpark	J4.75m	15-07.00
	4.15 4.30 4.45 4.60 4.75 4.90			
	O O O XO XO XXX			
3	Jack Fling	SO Hartnell	J4.75m	15-07.00
	4.15 4.30 4.45 4.60 4.75 4.90			
	P P O O XXO XXX			
4	Ryan Fegan	SO Orange Coast	J4.75m	15-07.00
	4.15 4.30 4.45 4.60 4.75 4.90			
	P P P XXO XXO XXX			
5	Nathaniel Carranza	FR Mt. Sac	4.60m	15-01.00
	4.15 4.30 4.45 4.60 4.75			
	P XO XO O XXX			
6	Jimmy Escobar	SO Cuesta	J4.60m	15-01.00
	4.15 4.30 4.45 4.60 4.75			
	P P O XO XXX			
7	Tyler Harper	SO Riverside	J4.60m	15-01.00
	4.15 4.30 4.45 4.60 4.75			
	O O O XXO XXX			
8	Maxwell Nicol	FR Modesto	4.45m	14-07.25
	4.15 4.30 4.45 4.60			
	O O O XXX			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men Pole Vault

9	Andrew Alfred	FR San Joaquin Delta	J4.45m	14-07.25
	4.15 4.30 4.45 4.60			
	XO O O XXX			
10	Shi Hong E	FR Santa Rosa	J4.45m	14-07.25
	4.15 4.30 4.45 4.60			
	O O XO XXX			
11	Andrei Matei	SO American River	4.30m	14-01.25
	4.15 4.30 4.45			
	O O XXX			
--	Chris Martinez	FR Shasta	NH	
	4.30			
	XXX			

## Men Long Jump

State Meet: < 26-02.75 5/27/1978 Kenneth Hays, Pasadena City College					
CSM Stad: < 25-04.75 2009 Ray Butts, Antelope Valley					
Name	Year	School	Finals	Wind	
1	Jamal Britt	SO Sequoias	7.33m	-1.3	24-00.75
	7.22m(-0.3) FOUL(-0.8)	7.16m(-0.6) FOUL(-2.5)	7.26m(-2.0)	7.33m(-1.3)	
2	Qwintin Workman	SO El Camino	6.82m	0.1	22-04.50
	6.66m(1.2) 6.77m(-1.2)	6.60m(-0.1) 6.72m(0.1)	6.77m(-0.5)	6.82m(0.1)	
3	Steven Ashby	FR West Los Angeles	6.75m	0.3	22-01.75
	6.75m(0.3) FOUL(-1.2)	6.48m(0.4) FOUL(1.7)	FOUL(-2.4)	6.54m(-1.2)	
4	Ian Kelly	FR Sequoias	6.73m	-1.8	22-01.00
	6.35m(-3.2) FOUL(0.8)	6.73m(-1.8) 6.53m(+0.0)	6.66m(-0.7)	6.44m(-2.4)	
5	Titus Houston	FR Cerritos	6.72m	0.1	22-00.75
	6.72m(0.1) 6.61m(1.9)	6.69m(+0.0) FOUL(-2.0)	FOUL(-1.3)	6.56m(-3.4)	
6	Paolo De Los Santos	SO San Joaquin Delta	J6.72m	-0.3	22-00.75
	6.59m(-2.1) 6.56m(-0.5)	6.51m(-3.5) 6.64m(0.1)	6.72m(-0.3)	6.47m(-2.2)	
7	William Dower	FR Riverside	6.70m	-0.9	21-11.75
	FOUL 6.44m(-2.6)	6.70m(-0.9) FOUL(-1.4)	FOUL(+0.0)	FOUL(+0.0)	
8	Delon Buncio	SO Canyons	6.67m	0.7	21-10.75
	6.62m(0.2) FOUL(0.5)	6.67m(0.7) 6.47m(0.4)	6.50m(-1.3)	6.50m(-0.8)	
9	James Dudley	SO American River	6.60m	-3.3	21-08.00
	6.55m(-2.1) 6.54m(-3.3)	FOUL(0.7) 5.94m(2.3)	6.60m(-3.3)	FOUL(1.2)	
10	Justin Reed	SO Riverside	6.53m	0.8	21-05.25
	6.53m(0.8) 6.44m(0.4)	6.44m(-1.0)			
11	Shraee Harrison	FR Hartnell	6.24m	0.2	20-05.75
	6.00m(-2.5) 5.94m(-2.5)	6.24m(0.2)			
12	Trey Pierce	FR Diablo Valley	6.19m	0.4	20-03.75
	6.19m(0.4) 5.40m(-0.5)	FOUL(0.9)			

## Men Triple Jump

State Meet: < 54-03.25 5/22/1982 Bryon Criddle, Contra Costa College					
CSM Stad: < 52-02 2015 Tacuma Anderson-Richards, Sequoias					
Name	Year	School	Finals	Wind	
1	Trey Pierce	FR Diablo Valley	14.55m	1.6	47-09.00
	13.99m(1.3) 14.55m(1.6)	FOUL(3.1) 14.06m(0.7)	14.13m(0.9)	14.14m(1.8)	
2	Juwan Seales	FR San Joaquin Delta	14.34m	1.4	47-00.75
	14.09m(0.8) 14.34m(1.4)	14.18m(2.4) 13.79m(0.9)	13.95m(1.1)	14.06m(1.8)	

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men Triple Jump

3	Brian Nnoli	SO Santa Barbara	14.18m	2.6	46-06.25
			14.02m(1.9)	13.75m(1.9)	13.72m(1.0) 13.60m(2.1) 13.26m(0.9) 14.18m(2.6)
4	Joseph Anderson	SO West Los Angeles	14.16m	1.0	46-05.50
	FOUL		13.07m(1.1)	13.07m(3.4)	13.56m(1.7) 13.52m(1.7) 14.16m(1.0)
5	Semanu Attiogbe	SO De Anza	13.87m	1.4	45-06.25
	13.75m(0.6)	FOUL(1.4)	13.87m(1.4)	FOUL(2.3)	FOUL(0.9) 13.55m(1.6)
6	Paolo De Los Santos	SO San Joaquin Delta	13.57m	0.9	44-06.25
	13.24m(0.7)	13.57m(0.9)	13.51m(2.7)	13.09m(1.4)	13.32m(0.9) 13.14m(1.2)
7	Isaiah Mitchell	FR Mt. Sac	13.31m	1.1	43-08.00
	13.31m(1.1)	13.18m(0.7)	13.06m(1.8)	12.65m(2.4)	13.23m(1.1) FOUL(-0.3)
8	Isaiah Galloway	FR Orange Coast	13.29m	NWI	43-07.25
	12.72m(0.3)	13.25m(-0.0)	12.87m(-0.0)	12.84m(-0.0)	13.29m(-0.0) 13.27m(-0.0)
9	Shay Nelson	SO Santa Monica	13.21m	1.8	43-04.25
	13.03m(1.5)	13.14m(0.6)	12.76m(2.2)	12.41m(2.7)	12.95m(1.4) 13.21m(1.8)
10	James Martin	SO Long Beach	13.07m	2.6	42-10.75
	FOUL	12.59m(2.0)	13.07m(2.6)		
11	Titus Houston	FR Cerritos	13.03m	1.3	42-09.00
	13.03m(1.3)	13.02m(0.9)	FOUL(1.7)		
--	Jackson Miller	FR Sequoias	FOUL		
	FOUL	FOUL	FOUL		

## Men Shot Put

=====  
 State Meet: < 65-04 5/22/1982 Hank Kraychir, Long Beach City Colle  
 CSM Stad: < 60-07.25 2009 Dennis Aliotta, Moorpark  
 Name Year School Finals  
 =====

1	Brenden Coffey	FR Butte	15.35m	50-04.50
			14.95m 15.35m	FOUL FOUL FOUL 14.77m
2	Jordan Palmer	FR Canyons	15.20m	49-10.50
			15.07m 15.20m	FOUL FOUL FOUL FOUL
3	Spencer Blake	FR Golden West	15.07m	49-05.50
			14.05m 14.13m 15.07m	14.64m 14.73m 14.64m
4	Blake Baloun	FR Saddleback	14.64m	48-00.50
			FOUL 13.22m 14.40m	14.64m FOUL FOUL
5	Travis Bass	FR Butte	14.54m	47-08.50
			FOUL 13.77m 14.54m	13.57m 14.30m 14.40m
6	Davey Folsom	FR SD Mesa	14.25m	46-09.00
			14.25m 12.34m	FOUL FOUL FOUL FOUL
7	Siaosi Finau	FR Butte	14.12m	46-04.00
			13.10m FOUL 14.10m	14.12m FOUL 13.73m
8	Alec Jones	SO Riverside	14.01m	45-11.75
			13.62m 13.19m 14.01m	FOUL 12.92m 13.83m
9	Elijah Folau	FR San Mateo	14.00m	45-11.25
			FOUL FOUL 14.00m	FOUL 13.88m 13.47m
10	Nathan Alvarado	SO De Anza	13.88m	45-06.50
			13.88m 13.40m 13.67m	
11	Cameron Haynes	FR Sequoias	13.48m	44-02.75
			13.15m 13.48m	12.84m
12	Marquice Bowman	SO West Los Angeles	12.76m	41-10.50
			FOUL 11.37m	12.76m

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Men Discus Throw

State Meet: < 196-07 5/21/2004 Robert Slowik, Fresno						
CSM Stad: < 184-01 2013 Markus Sanders, Modesto						
Name	Year	School	Finals			
1 Dominique Navarrette	FR	Siskiyou	50.69m	166-04		
			34.98m 43.11m 47.02m 44.96m 50.69m 49.49m			
2 Alec Jones	SO	Riverside	49.23m	161-06		
			47.92m 45.07m 49.23m 47.31m FOUL 44.47m			
3 Berry Randle	FR	Sequoias	46.19m	151-06		
			FOUL 41.53m FOUL 46.19m 42.94m 42.79m			
4 David Leber	FR	Cuyamaca	45.24m	148-05		
			43.06m 44.01m 45.24m FOUL 42.21m FOUL			
5 Spencer Blake	FR	Golden West	44.61m	146-04		
			42.76m 42.30m FOUL 43.58m 44.61m 43.94m			
6 Justen Santa	FR	Santa Rosa	44.10m	144-08		
			44.10m FOUL 42.62m 42.93m 42.57m 44.03m			
7 Jarid Jorgensen	SO	Redwoods	43.64m	143-02		
			42.28m FOUL 43.64m 43.47m 42.23m FOUL			
8 Jorge Gonzalez	SO	Cerritos	42.91m	140-09		
			39.49m 42.91m 40.98m 39.13m 42.30m FOUL			
9 Antonio Nevarez	FR	American River	42.16m	138-04		
			39.78m 40.28m FOUL FOUL 42.16m FOUL			
10 Namontte Grisby	FR	Diablo Valley	40.25m	132-01		
			FOUL 40.25m FOUL			
11 Jordan Palmer	FR	Canyons	37.69m	123-08		
			FOUL 37.69m FOUL			
12 Jacob Whitby	SO	Bakersfield	35.13m	115-03		
			FOUL 35.13m 34.83m			

## Men Hammer Throw

State Meet: < 203-08 5/17/1986 Eric Finch, DeAnza College						
CSM Stad: < 195-10 2013 Jessica Byrd, Riverside						
Name	Year	School	Finals			
1 Alec Jones	SO	Riverside	54.16m	177-08		
			52.08m 54.13m FOUL 53.04m 52.97m 54.16m			
2 Jacob Whitby	SO	Bakersfield	53.51m	175-07		
			50.72m 53.51m FOUL FOUL 51.27m FOUL			
3 Luis Valenzuela Flores	SO	San Joaquin Delta	50.79m	166-08		
			48.99m FOUL 47.44m 50.79m 49.65m 46.37m			
4 Alex Schechter	SO	Saddleback	J50.79m	166-08		
			47.34m FOUL 46.64m 48.96m 47.18m 50.79m			
5 Berry Randle	FR	Sequoias	50.63m	166-01		
			50.25m FOUL 50.63m 48.49m FOUL 47.01m			
6 Brett Shiflett	SO	Riverside	49.85m	163-06		
			49.85m FOUL FOUL FOUL FOUL 44.70m			
7 Nathan Alvarado	SO	De Anza	49.42m	162-02		
			48.65m 49.42m FOUL FOUL 48.58m 48.65m			
8 Kenneth Gonzales	SO	San Joaquin Delta	49.20m	161-05		
			49.01m 48.52m 49.20m			
9 Jarid Jorgensen	SO	Redwoods	48.45m	158-11		
			48.45m 47.69m 47.04m 48.11m 44.39m 47.27m			
10 Russell Bedre	SO	Riverside	46.95m	154-00		
			35.44m 46.95m FOUL			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ...Men Hammer Throw

11	Cody Hearn	SO San Joaquin Delta	44.02m	144-05
	44.02m 40.76m 40.45m			
12	Trevor Nakata	SO Riverside	43.99m	144-04
	FOUL 43.99m FOUL			

## Men Javelin Throw

State Meet: < 222-00 5/15/2009 Cooper Thompson, Bakersfield  
 CSM Stad: < 222-00 2009 Cooper Thompson, Bakersfield

Name	Year	School	Finals	
1 Marcos Gonzalez	SO	Riverside	61.46m	201-08
	53.78m 49.24m 59.32m	54.61m 56.98m 61.46m		
2 Cole Parker	FR	Shasta	54.30m	178-02
	49.18m 54.30m 51.36m	51.83m 54.24m 54.21m		
3 Patrick Maria	FR	Riverside	53.50m	175-06
	44.24m 53.50m 48.00m	47.77m 48.21m 51.96m		
4 Delon Buncio	SO	Canyons	52.30m	171-07
	48.78m 51.28m PASS	43.52m 52.30m 49.14m		
5 Yuki Ishida	FR	Orange Coast	52.10m	170-11
	45.03m 51.42m 49.03m	48.34m 52.10m 44.48m		
6 Quincy Daniels	FR	San Mateo	51.85m	170-01
	46.63m 48.55m 51.85m	FOUL FOUL FOUL		
7 Dwight Isaiah Johnson	FR	Santa Monica	50.61m	166-00
	42.10m 45.35m 49.98m	45.69m 43.46m 50.61m		
8 Davis Yasuda	FR	American River	48.78m	160-00
	46.08m 48.78m 46.85m	PASS PASS		
9 Chance Thomas	FR	Santa Monica	48.36m	158-08
	48.36m 46.54m 47.60m	46.83m 44.16m 46.39m		
10 Andrew Mitchell	FR	SD Mesa	48.10m	157-10
	48.10m 47.09m FOUL			
11 Oscar Navarro	FR	SD Mesa	46.96m	154-01
	46.52m 46.96m 44.25m			
12 Shea Wissler	FR	El Camino	46.10m	151-03
	46.10m 43.15m 40.02m			

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 David Clause	SO	Butte	11.27	0.5	1	801 11.263
1 Brian Harper	FR	Butte	11.27	-0.2	2	801 11.263
3 Jacob Woods	FR	Riverside	11.33	0.5	1	789
4 Aaron Mickelsen	SO	SD Mesa	11.36	-0.2	2	782
5 Brett Lombardi	SO	American River	11.53	-0.2	2	746
6 Andrew Aguilar	FR	Mt. Sac	11.59	-0.2	2	734
7 Joshua Godfrey	SO	Southwestern	11.63	0.5	1	725
8 Dylan Bouzigues	SO	De Anza	11.67	0.5	1	717
9 Thomas Dodgen	SO	Siskiyou	11.72	0.5	1	707
10 Justin Crescenti	FR	Modesto	11.85	-0.2	2	681
11 Vincent Ketelaar	FR	Cuesta	12.02	0.5	1	647
12 Shea Wissler	FR	El Camino	12.07	-0.2	2	637

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	H#	Points
1 David Clause	SO	Butte	50.77	2	779
2 Brett Lombardi	SO	American River	51.26	2	757
3 Justin Crescenti	FR	Modesto	51.41	2	751
4 Thomas Dodgen	SO	Siskiyou	52.53	2	702
5 Andrew Aguilar	FR	Mt. Sac	52.64	2	697
6 Brian Harper	FR	Butte	53.38	1	665
7 Dylan Bouzigues	SO	De Anza	53.87	2	645
8 Jacob Woods	FR	Riverside	53.96	1	641
9 Aaron Mickelsen	SO	SD Mesa	55.94	1	562
10 Vincent Ketelaar	FR	Cuesta	56.39	1	544
11 Shea Wissler	FR	El Camino	56.76	1	530

## Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1 Brett Lombardi	SO	American River	4:29.73	746
2 Justin Crescenti	FR	Modesto	4:30.61	741
3 Thomas Dodgen	SO	Siskiyou	4:42.91	662
4 Shea Wissler	FR	El Camino	4:50.89	613
5 Vincent Ketelaar	FR	Cuesta	4:54.97	589
6 Andrew Aguilar	FR	Mt. Sac	4:58.06	571
7 David Clause	SO	Butte	4:58.25	570
8 Brian Harper	FR	Butte	5:01.33	552
9 Dylan Bouzigues	SO	De Anza	5:10.36	502
10 Aaron Mickelsen	SO	SD Mesa	5:17.12	465
11 Jacob Woods	FR	Riverside	5:42.34	341

## Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Dylan Bouzigues	SO	De Anza	15.49	-0.4	2	791
2 Aaron Mickelsen	SO	SD Mesa	15.84	0.8	1	751
3 Brett Lombardi	SO	American River	15.87	-1.1	3	747
4 Andrew Aguilar	FR	Mt. Sac	16.85	-0.4	2	640
5 Jacob Woods	FR	Riverside	17.13	0.8	1	611
6 Thomas Dodgen	SO	Siskiyou	17.50	-1.1	3	573
7 Justin Crescenti	FR	Modesto	17.63	-0.4	2	560
8 David Clause	SO	Butte	17.98	-1.1	3	526
9 Vincent Ketelaar	FR	Cuesta	18.08	-1.1	3	516
10 Shea Wissler	FR	El Camino	18.70	0.8	1	459
11 Brian Harper	FR	Butte	18.79	0.8	1	451

## Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points								
1 Vincent Ketelaar	FR	Cuesta	1.90m	6-02.75 714								
1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	
P	P	P	P	P	P	O	O	XXO	XXO	XXO	XXX	

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Decathlon: #4 Men High Jump Decathlon

2	Dylan Bouzigues	SO De Anza	1.87m	6-01.50	687
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90			
	P P P P P	O O O XO XO XXX			
2	Justin Crescenti	FR Modesto	1.87m	6-01.50	687
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90			
	P P P P P	P O P XO O XXX			
2	Brian Harper	FR Butte	1.87m	6-01.50	687
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87 1.90			
	P P P P P	O O O XXO XXO XXX			
5	Thomas Dodgen	SO Siskiyou	1.84m	6-00.50	661
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87			
	P P P P O	O O XXO XXO XXX			
5	Brett Lombardi	SO American River	1.84m	6-00.50	661
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81 1.84 1.87			
	P P P P P	P P O O XXX			
7	David Clause	SO Butte	1.81m	5-11.25	636
	1.66 1.69 1.72 1.75 1.78	1.81 1.84			
	O P O O XO	O XXX			
8	Shea Wissler	FR El Camino	1.78m	5-10.00	610
	1.60 1.63 1.66 1.69 1.72	1.75 1.78 1.81			
	P P P P XXO	XO XXO XXX			
9	Aaron Mickelsen	SO SD Mesa	1.72m	5-07.75	560
	1.60 1.63 1.66 1.69 1.72	1.75			
	P P O XO O	XXX			
10	Andrew Aguilar	FR Mt. Sac	1.69m	5-06.50	536
	1.60 1.63 1.66 1.69 1.72				
	O O O O XXX				
11	Jacob Woods	FR Riverside	1.66m	5-05.25	512
	1.60 1.63 1.66 1.69				
	P XO XO XXX				

## Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Brian Harper	FR Butte	4.45m 14-07.25	746
	3.85 3.95 4.05 4.15 4.25	4.35 4.45 4.55	
	X O XO O XO	XXO XO XXX	
2 Andrew Aguilar	FR Mt. Sac	4.15m 13-07.25	659
	3.65 3.75 3.85 3.95 4.05	4.15 4.25	
	XO O O O XO	O XXX	
3 Brett Lombardi	SO American River	3.95m 12-11.50	603
	3.55 3.65 3.75 3.85 3.95	4.05	
	O XO O O XO	XXX	
3 Thomas Dodgen	SO Siskiyou	3.95m 12-11.50	603
	2.75 2.85 2.95 3.05 3.15	3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05	
	P P P P P	P P P XO O O O XXX	
5 Dylan Bouzigues	SO De Anza	3.85m 12-07.50	576
	2.75 2.85 2.95 3.05 3.15	3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95	
	P P P P P	P P P P P O XO XXX	
5 Vincent Ketelaar	FR Cuesta	3.85m 12-07.50	576
	3.55 3.65 3.75 3.85 3.95		
	O P O O XXX		



## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Decathlon: #8 Men Pole Vault Decathlon

7	Shea Wissler	FR El Camino	3.55m	11-07.75	496
	3.05 3.15 3.25 3.35 3.45 3.55 3.65				
	XXO O XO O O XXO XXX				
8	Jacob Woods	FR Riverside	3.45m	11-03.75	469
	2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55				
	P P XXO P P O P O XXX				
9	Justin Crescenti	FR Modesto	3.15m	10-04.00	393
	2.95 3.05 3.15 3.25				
	O P O XXX				
10	Aaron Mickelsen	SO SD Mesa	3.05m	10-00.00	369
	2.85 2.95 3.05 3.15				
	O O O XXX				
10	David Clause	SO Butte	3.05m	10-00.00	369
	2.75 2.85 2.95 3.05 3.15				
	XO O O O XXX				

## Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points	
1 David Clause	SO Butte	6.38m	0.9	20-11.25	670
	6.33m(3.0) 6.12m(1.2) 6.38m(0.9)				
2 Aaron Mickelsen	SO SD Mesa	6.27m	0.6	20-07.00	646
	FOUL(0.9) 6.27m(0.6) 5.76m(-1.1)				
3 Jacob Woods	FR Riverside	6.26m	-0.9	20-06.50	644
	5.67m(-1.6) 6.12m(-0.2) 6.26m(-0.9)				
4 Dylan Bouzigues	SO De Anza	6.14m	-1.5	20-01.75	617
	5.89m(1.0) 6.11m(1.6) 6.14m(-1.5)				
5 Brett Lombardi	SO American River	6.09m	0.1	19-11.75	606
	5.97m(0.5) 6.09m(0.1) 5.93m(1.5)				
6 Andrew Aguilar	FR Mt. Sac	6.08m	1.4	19-11.50	604
	6.08m(1.4) FOUL(0.8) 6.04m(-1.9)				
7 Brian Harper	FR Butte	6.03m	-2.6	19-09.50	593
	5.72m(0.4) 5.81m(0.8) 6.03m(-2.6)				
8 Justin Crescenti	FR Modesto	5.79m	-2.4	19-00.00	542
	5.64m(-1.1) 5.79m(-2.4) 5.00m(-1.7)				
9 Vincent Ketelaar	FR Cuesta	5.76m	-0.5	18-10.75	535
	5.32m(-0.5) 5.76m(-0.5) 5.69m(-0.2)				
9 Joshua Godfrey	SO Southwestern	5.76m	-2.7	18-10.75	535
	5.76m(-2.7) FOUL(+0.0) 5.76m(-0.0)				
11 Thomas Dodgen	SO Siskiyou	5.68m	0.7	18-07.75	519
	5.48m(-0.2) 5.57m(-2.5) 5.68m(0.7)				
12 Shea Wissler	FR El Camino	5.54m	-0.1	18-02.25	490
	5.54m(-0.1) 5.50m(-0.9) 4.23m(0.6)				

## Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points	
1 Andrew Aguilar	FR Mt. Sac	12.21m	40-00.75	619
	11.21m 12.21m 11.94m			
2 Aaron Mickelsen	SO SD Mesa	12.11m	39-08.75	613
	11.03m 12.11m 11.51m			
3 Dylan Bouzigues	SO De Anza	11.65m	38-02.75	585
	11.65m 11.45m 11.52m			

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Decathlon: #3 Men Shot Put Decathlon

4	Jacob Woods	FR Riverside	10.81m	35-05.75	534
	10.81m 10.62m 10.73m				
5	Thomas Dodgen	SO Siskiyou	10.59m	34-09.00	521
	10.59m 10.04m 10.36m				
6	Shea Wissler	FR El Camino	10.23m	33-06.75	499
	9.86m 10.23m FOUL				
7	Brian Harper	FR Butte	10.21m	33-06.00	498
	10.19m 9.69m 10.21m				
8	David Clause	SO Butte	10.12m	33-02.50	493
	10.12m FOUL 8.95m				
9	Joshua Godfrey	SO Southwestern	9.75m	32-00.00	471
	9.28m 9.13m 9.75m				
10	Justin Crescenti	FR Modesto	9.70m	31-10.00	468
	9.70m FOUL 9.61m				
11	Brett Lombardi	SO American River	9.60m	31-06.00	462
	9.28m 9.60m FOUL				
12	Vincent Ketelaar	FR Cuesta	8.66m	28-05.00	406
	FOUL 8.53m 8.66m				

## Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Andrew Aguilar	FR Mt. Sac	34.63m	113-07 556
	33.61m 34.26m 34.63m		
2 Thomas Dodgen	SO Siskiyou	32.49m	106-07 514
	29.15m 32.14m 32.49m		
3 Brett Lombardi	SO American River	31.76m	104-02 499
	31.76m FOUL FOUL		
4 Brian Harper	FR Butte	31.25m	102-06 489
	26.77m 31.25m 31.11m		
5 Shea Wissler	FR El Camino	31.02m	101-09 485
	FOUL 31.02m FOUL		
6 Dylan Bouzigues	SO De Anza	30.06m	98-07 466
	FOUL 29.19m 30.06m		
7 Jacob Woods	FR Riverside	29.56m	97-00 456
	FOUL 28.40m 29.56m		
8 Justin Crescenti	FR Modesto	28.43m	93-03 434
	FOUL 28.16m 28.43m		
9 Vincent Ketelaar	FR Cuesta	27.55m	90-05 416
	26.73m 27.55m 25.20m		
10 Aaron Mickelsen	SO SD Mesa	26.46m	86-10 395
	26.46m 26.29m 25.88m		
11 David Clause	SO Butte	23.24m	76-03 333
	23.24m 20.86m 19.17m		

## Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Justin Crescenti	FR Modesto	47.23m	154-11 548
	40.64m 47.23m 39.61m		
2 Jacob Woods	FR Riverside	46.61m	152-11 539
	42.45m 46.33m 46.61m		

## CCCAA California Championships - 5/17/2019 to 5/18/2019

## College of San Mateo

## Results

## ....Decathlon: #9 Men Javelin Throw Decathlon

3	Dylan Bouzigues	SO De Anza	46.27m	151-10	534
	45.58m 46.27m 42.26m				
4	Thomas Dodgen	SO Siskiyou	45.35m	148-09	520
	29.93m 45.35m 42.22m				
5	Brett Lombardi	SO American River	45.05m	147-10	516
	43.94m 42.93m 45.05m				
6	Shea Wissler	FR El Camino	42.06m	138-00	472
	42.06m PASS PASS				
7	Brian Harper	FR Butte	41.25m	135-04	460
	38.59m 41.25m 39.44m				
8	David Clause	SO Butte	38.99m	127-11	428
	34.70m 38.95m 38.99m				
9	Vincent Ketelaar	FR Cuesta	38.45m	126-02	420
	34.36m 38.45m PASS				
10	Aaron Mickelsen	SO SD Mesa	37.18m	122-00	401
	29.50m 37.18m 35.63m				
11	Andrew Aguilar	FR Mt. Sac	36.91m	121-01	398
	36.91m 35.13m 36.01m				

## Men Decathlon

State Meet:	<	7478	5/21/1983	Doug Fernandez,	Long Beach City
CSM Stad:	<	6867	2009	Nicholas Armstrong,	Cerritos
Name			Year School	Finals	H#
1	Brett Lombardi	SO American River		6343	
2	Dylan Bouzigues	SO De Anza		6120	
3	Andrew Aguilar	FR Mt. Sac		6014	
4	Thomas Dodgen	SO Siskiyou		5982	
5	Brian Harper	FR Butte		5942	
6	Justin Crescenti	FR Modesto		5805	
7	David Clause	SO Butte		5605	
8	Aaron Mickelsen	SO SD Mesa		5544	
9	Jacob Woods	FR Riverside		5536	
10	Vincent Ketelaar	FR Cuesta		5363	
11	Shea Wissler	FR El Camino		5291	

## Women - Team Rankings - 21 Events Scored

1) Cerritos	111	2) Riverside	82.50
3) West Los Angeles	72	4) Mt. SAC	59
5) Sacramento	47	6) San Mateo	34
7) American River	33	8) Yuba	32
9) San Joaquin Delta	31.50	10) De Anza	26
11) Saddleback	25	11) Diablo Valley	25
13) Southwestern	24	14) Glendale	22
15) Bakersfield	20	16) Hartnell	17
17) Moorpark	16.50	18) Fullerton	16
19) Cuesta	14.50	20) Orange Coast	14
21) Shasta	13	22) SD Mesa	11
22) Long Beach	11	24) El Camino	9
25) Santa Barbara	8	25) Ventura	8
27) Santa Rosa	6	28) San Jose	5
29) Santa Monica	4	29) Cuyamaca	4
31) Siskiyou	3	31) Sierra	3

**CCCAA California Championships - 5/17/2019 to 5/18/2019**

**College of San Mateo**

**Results**

**...Men Decathlon**

31) Modesto	3	34) Merritt	2
34) Sequoias	2	34) Butte	2
37) Monterey	1	37) Palomar	1
37) CCSF	1		

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 Men - Team Rankings - 21 Events Scored  
 =====

1) Riverside	116	2) Mt. SAC	73
3) American River	61	4) Sequoias	57
5) El Camino	53	6) Cerritos	49
7) West Los Angeles	44	8) San Joaquin Delta	35
9) Chabot	25	9) Diablo Valley	25
9) Butte	25	12) SD Mesa	23
13) Siskiyou	20	14) Hartnell	19
15) De Anza	18	16) Cuyamaca	17
17) Sacramento	15	18) Canyons	14
18) Moorpark	14	20) Santa Rosa	13
21) Merritt	12	22) Saddleback	10
22) Santa Monica	10	22) Bakersfield	10
22) Orange Coast	10	22) Golden West	10
27) Shasta	8	28) Santa Barbara	6
28) Ventura	6	30) Modesto	5
31) Glendale	4	32) Santa Ana	3
32) Cuesta	3	32) San Mateo	3
35) Redwoods	2		